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2026

Ohlsen, A., Schomann, L., Hoffmann, E., & **Hohagen, J.** (2026). Focus instructions in one-to-one teaching: a reconstructive analysis of violin and viola teachers' subjective theories in higher music education, *Frontiers in Psychology*, *17*, Article e1882344.

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Ohlsen, A., Schomann, L., Hoffmann, E., & **Hohagen, J.** (2026). Fokusinstruktionen im künstlerischen Einzelunterricht: Eine rekonstruktive Analyse der Handlungskonzepte von Hochschullehrenden *[Focus instructions in one-to-one music teaching: a reconstructive analysis of action concepts of higher education teachers]* [Conference Presentation Abstract]. Twenty-fourth Conference of the German Society for Music Physiology and Musicians' Medicine, Freiburg, Germany.

Ohlsen, A., Schomann, L., Hoffmann, E., & **Hohagen, J.** (2026). Fokusinstruktionen und Aufmerksamkeitsfokussierungen im künstlerischen Einzelunterricht – eine Rekonstruktion subjektiver Theorien von Hochschullehrenden der Instrumente Violine und Viola *[Focus Instructions and Attentional Focus in one-to-one music teaching – a reconstruction of subjective theories of higher education teachers in Violin and Viola]* [Conference Presentation Abstract]. Fourty-second Annual Meeting of the German Society for Music Psychology, Kassel, Germany.

Schomann, L., Hoffmann, E., Ohlsen, A., & **Hohagen, J.** (2026). Entwicklung eines Fragebogens zur Erfassung des Aufmerksamkeitsfokus beim Üben eines Instruments (FOAMquest) – Erste Ergebnisse zu Inhaltsvalidität, Konstruktvalidität und Reliabilität *[Development of a questionnaire assessing attentional focus during instrumental practice (FOAMquest) – First results of content validity, construct validity and reliability]* [Conference Presentation Abstract]. Fourty-second Annual Meeting of the German Society for Music Psychology, Kassel, Germany.

Hoffmann, E., Schomann, L, Ohlsen, A., & **Hohagen, J.** (2026). Selbstfokus, kognitive Belastung und Muskelaktivität beim Klavierspielen – Eine randomisiert-kontrollierte Pilotstudie *[Self focus, cognitive load and muscle activity during piano playing – a randomized-controlled pilot study]* [Conference Presentation Abstract]. Fourty-second Annual Meeting of the German Society for Music Psychology, Kassel, Germany.

Immerz, A., **Hohagen, J.**, Burkhart, C., Richter, B., & Spahn, C. (2026). Evaluation eines gesundheitsbezogenen Blended Learning-Angebots „Gesundheitsförderung und Stimme" für Lehramtsstudierende im Master of Education *[Evaluation of a health-related Blended Learning course on health promotion and voice for Master of Education university students]*. In T. Buchborn & G. Brunner (Eds.), Kooperative MusiklehrerInnenbildung Freiburg (Arbeitstitel) [in press].

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Hohagen, J., Schomann, L., Ohlsen, A., & Immerz, A. (2025, October/November 29–01). FOAMquest – Development process of a questionnaire to record attentional focus directions and strategies [Conference Presentation Abstract]. Tenth International Symposium of Performance Science, Shanghai, China.

Hohagen, J., Schomann, L., Ohlsen, A., & Immerz, A. (2025, October/November 29–01). Focus directions and focus strategies– Insights from a video-stimulated-recall interview study on attentional focus processes during instrumental practice sessions [Conference Presentation Abstract]. Tenth International Symposium of Performance Science, Shanghai, China.

Ohlsen, A., Immerz, A., & **Hohagen., J.** (2025, October/November 29–01). Focus instructions in one-to-one teaching: A metaphor analysis of concepts from violin and viola teachers at higher music institutions [Conference Presentation Abstract]. Tenth International Symposium of Performance Science, Shanghai, China.

Immerz., A., Nusseck, M., **Hohagen, J.**, Wöllner, C., & Spahn, C. (2025, October/November 29–01). Gaze behavior as communication channel in music ensemble: An eye-tracking study of a string quartet playing contemporary music. Tenth International Symposium of Performance Science, Shanghai, China.

Hohagen, J., Schomann, L., Ohlsen, A., & Immerz, A. (2025, September 12–14). Fokusstrategien und Fokuslenkungen – Erkenntnisse einer Video-Stimulated-Recall Interviewstudie zu Prozessen der Aufmerksamkeitsfokussierung während des Musizierens *[Focus strategies and focus directions – Insights from a video-stimulated recall interview study about attentional focus processes during music performance]* [Conference Presentation Abstract]. Forty-first Annual Conference of the German Society of Music Psychology, Freiburg, Germany.

Immerz., A., Nusseck, M., **Hohagen, J.**, Wöllner, C., & Spahn, C. (2025, September 12–14). Kommunikation im Ensemble: Untersuchung des Blickverhaltens von Musizierenden eines Streichquartetts mittels Eye-Tracking beim Spielen zeitgenössischer Musik *[Communication processes in the ensemble – invetigating the gaze behavior of a string quartet during a contemporary music performance]* [Conference Presentation Abstract]. Forty-first Annual Conference of the German Society of Music Psychology, Freiburg, Germany.

Ohlsen, A., Immerz, A., & **Hohagen, J.** (2025, September 12–14). Fokusinstruktionen im künstlerischen Einzelunterricht an Musikhochschulen – eine Metaphernanalyse und eine Rekonstruktion der Handlungskonzepte bei Hochschullehrenden *[Focus instructions in private lessons at music conservatoires – a metaphor analysis and reconstruction of action concepts of music teachers]* [Conference Presentation Abstract]. Forty-first Annual Conference of the German Society of Music Psychology, Freiburg, Germany.

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Hohagen, J., Nolte, A.., Beck, N., & Immerz, A. (2024, September 06–08). Aufmerksamkeitsfokus von Musikstudierenden in verschiedenen Übe-Phasen vor einem Auftritt: Eine explorative, qualitative Online-Studie *[Attentional focus of music students in different practice rehearsal phases before a performance: An explorative, qualitative online study]* [Conference Presentation Abstract]. Fortieth Annual Conference of the German Society of Music Psychology, Munich, Germany.

Nusseck, M., Immerz, A., **Hohagen, J.**, & Spahn, C. (2024). Ancillary and instrumental body movements during inhalation in clarinetists. *Frontiers in Psychology, 15,* Article e1394035.

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Immerz, A., Nusseck, M., **Hohagen, J.,** Wöllner, C., & Spahn, C. (2024, September 06–08). Kommunikation und Blickverhalten im Ensemblespiel – Untersuchung von Musizierenden eines Streichquartetts mittels Eye-Tracking beim Spielen zeitgenössischer Musik *[Communication and gaze behavior in ensemble playing – investigation of musicians of a string quartet using eye-tracking while playing contemporary music]* [Conference Presentation Abstract]. Fortieth Annual Conference of the German Society of Music Psychology, Munich, Germany

Hohagen, J., Immerz, A., & Spahn, C. (2024, June 13–16). The FOAM Project – Results from three studies investigating the effects of focus of attention in music [Conference Presentation Abstract]. Eights Conference of The Neuroscience in Music, Helsinki, Finland.

Hohagen, J., Immerz, A., Nusseck, M., & Spahn, C. (2024, July 18–21). Find the focus: attentional focus strategies of music university students in different practice phases [Conference Presentation Abstract]. 42nd Annual PAMA International Symposium, London, UK.

Hohagen, J., Immerz, A., Nusseck, M., & Spahn, C. (2024, February 23–24). Von Fokus zu Fokus – Erste Ergebnisse vertiefender Video-Stimulated-Recall Interviews zu retrospektiv wahrgenommenen Aufmerksamkeitsfokussierungen während musikalischer Performances *[From focus to focus – First results of in-depth video stimulated recall interviews on retrospectively perceived attentional focus during musical performances]* [Conference presentation abstract]. Twenty-second Conference of the German Society for Music Physiology and Musicians' Medicine, Hanover, Germany.

Immerz, A., Nusseck, M., **Hohagen, J.**, Wöllner, C., & Spahn, C. (2024, February 23–24). Kommunikationsprozesse von Musizierenden eines Streichquartetts – Eine Eye-Tracking-Analyse des Blickverhaltens im Ensemble *[Communication processes of musicians in a string quartet – An eye-tracking analysis of gaze behavior in the ensemble]* [Conference presentation abstract]. Twenty-second Conference of the German Society for Music Physiology and Musicians' Medicine, Hanover, Germany.

Hohagen, J., Immerz, A., Nusseck, M., & Spahn, C. (2024, April 11–13). „Ich achte mehr darauf, keine Fehler zu spielen" – Routinen, Ziele und Aufmerksamkeitsfokussierungen von Musikstudierenden in verschiedenen Übe-Phasen *["I pay more attention to not playing mistakes" – routines, goals and attentional focus of music students in different practice phases]* [Conference presentation abstract]. Conference of the Austrian Society for Music and Medicine, Vienna, Austria.

Immerz, A., Nusseck, M., **Hohagen, J.**, Wöllner, C., & Spahn, C. (2024, April 11–13). Kommunikation im Ensemblespiel – Untersuchung eines Streichquartetts beim Spielen zeitgenössischer Musik mittels Eye-Tracking *[Communication in ensemble playing – investigation of a string quartet playing contemporary music using eye-tracking]* [Conference presentation abstract]. Conference of the Austrian Society for Music and Medicine, Vienna, Austria.

Nusseck, M., **Hohagen, J.**, Immerz, A., & Spahn, C. (2024, April 11–13). Veränderungen der Muskelaktivität im Arm- und Schulter-Nacken-Bereich beim Klarinettenspiel durch eine körperorientierte Kurzintervention *[Changes in muscle activity in the arm and shoulder-neck area during clarinet playing through a body-oriented brief intervention]* [Conference presentation abstract]. Conference of the Austrian Society for Music and Medicine, Vienna, Austria.

2023

Hohagen, J., Kassel, L., & Weltzien, D. (2023). 360°-Befragungen zur Erfassung und Verknüpfung verschiedener Akteur:innenperspektiven – Anwendung am Beispiel der Evaluation des Bundesprogramms Fachkräfteoffensive und methodenkritische Reflexionen zum Einsatz in der frühpädagogischen Forschung [360° surveys to capture and link different actors' perspectives – application on the example of the evaluation of the federal program "Fachkräfteoffensive" and method-critical reflections on the use in early childhood education research]. In L. Burghardt, J. Durand, S. Peters, R. Schelle, & K. Wolstein (Eds.), *Forschen in der Pädagogik der frühen Kindheit: Eine kritische Reflexion methodischer Ansätze [Research in early childhood education: a critical reflection on methodological approaches]* (pp. 121–142). Beltz.

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Hohagen, J., Nusseck, M., Spahn, C., & Immerz, A. (2023, 17–20 August). *Focus on what? A discussion of basic mechanisms underlying external attentional foci in musical learning and performance* [Conference presentation abstract]. Ninth International Symposium of Performance Science, Warsaw, Poland.

Spahn, C., Krampe-Heni, C., **Hohagen, J.**, Immerz., A., & Nusseck, M. (2023, August 17–20). *Personality traits in different types of music performance anxiety* [Conference presentation abstract]. Ninth International Symposium of Performance Science, Warsaw, Poland.Immerz, A., Nusseck, M., Hipp, A., **Hohagen, J.**, & Spahn, C. (2023, August 17–20). *Becoming a professional musician: Musical socialization among university music students* [Conference presentation abstract]. Ninth International Symposium of Performance Science, Warsaw, Poland.

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